

Aikido seminar

27-29 March 2015

Miroslav Šmíd 4th dan

Miroslav Šmíd sensei is from the Czech Republic and is 40 years old. He practices aikido since 1994. In 2000 he received the 1st dan from Ikeda sensei. Since 2010, he holds the rank of 4th dan.

He is currently leading the Aikido Ikeda Dojo in Beroun and in Prague. Miroslav is a shido-in and a member of the technical committee of SAA.

He participated in the 2010 SportAccord World Combat Games in Beijing. He leads weekend seminars in the Czech Republic, Poland, Ukraine and France.

Now, after twenty years of dedicated training, he will be giving a seminar for the first time in the Netherlands at Sanshinkai Aikido Utrecht.

Participation is at your own risk. Please, arrive at least 20 minutes before each training and bring keikogi, zori, towel, bokken and jo. Reservation is recommended.

Dates and times Friday 27 March
19:30-22:00
Saturday 28 March
10:00-12:30 & 15:00-17:30
Sunday 29 March
10:00-12:30

Location Tamboersdijk 9, Utrecht, Netherlands (free parking)

Prices 4 trainings € 52 2 trainings € 36
3 trainings € 47 1 training € 21
Saturday lunch € 5 (only when reserved)

Discounts 25% on trainings for U-pas or students,
€ 10 discount is given to reservations for
the complete seminar before 8 March

Reservation <http://goo.gl/5YoWF6>



**Sanshinkai Aikido
Utrecht**